



## Pedagogic project

### Aims :

- Educate the young from the FFCT and more especially the 310 bicycling schools about international solidarity
- involve at least one school per league in following the expedition Paris- Beijing 2008.
- allow young riders to exchange and communicate with other youths from the 12 countries crossed

### One slogan : " solidarians youths and cycling schools »

The goal is to create links between youth throughout the adult expedition. Each rider will be the messenger of one cycling school.

The association " **Sport Sans Frontieres**" NGO associate with the FFCT on this project, is involved in training educators for voluntary schools and offers actions to educate around international solidarity.

### Specifically

- Allow the riders of the expedition to meet young people from local schools or sports clubs
- In each day off, one responsible of the expedition with various messengers from the cycling schools will meet youths from the country and will ask them questions asked by the children from the French cycling schools.

In various countries, youths don't have access to sporting activities which are essential to their physical, mental and social development. To do sport is a fundamental right that "Sport Sans Frontieres" commits itself to defend

by acting with the FFCT on the field.

Here is the methodological guide and instructions to lead this project successfully. It is obvious that the involvement of a partner like a primary school, a city hall, a library is a trusty relay and favors the success of this approach.

### Research work

Each school will carry out a research work by choosing:

- Either a guiding thread all along the journey ( the 12 countries) with one of 3 themes : sporting, educative or sociocultural ( or environmental)
- Russia, Kazakhstan, Kirghizistan, China with one the targeted theme ( History, geography...)

**This research work will be transcribed on a cube with dimensions between 30 and 60 cm.** The partners of

the cycling schools (primary schools, libraries, city halls) will be written on the cube. It will be fitted up with a link to

hang it. This cube will be completed by the 15<sup>th</sup> of February and carry over to Paris for the exhibition organized

below the Eiffel Tower on Saturday the 15<sup>th</sup> of March. The departure of the 100 riders will be the day after.

### the language photographs

A digital camera was given to each school during the meeting in Figeac last July. It will allow the taking of

photographs, inside the cycling school, around the following slogan :

**« In my country, it is like this, how is it in yours ? »**

These legended photographs will be transmitted to the federal headquarters in order to be downloaded onto the

website by the 25<sup>th</sup> of October.

The envisioning of these photographs will lead to an solidarian exchange between the schools and will let each of the schools compare the photographs and select 5 of them by the 20 th of December. The 15th of March, below the Eiffel Tower these 5 photographs ( A4 format) will be placed in a leprechaun with the camera to the godfathers of the school (3 riders taking part of Paris Beijing). These photographs in format A3 will be on display below the Eiffel tower in the stand of each country. A document with the 5 photographs of the 32 schools with the legend: name of the school, comments of the photographs from " in my country it is like this how is it in yours?" will be given at the departure to the embassies of the countries crossed.

### **Reconstruction of a bike**

A bike will be reconstructed using pieces collected and recycled; this gives the opportunity to the young to Exchange on the part of the recycling sorting. The cycling federation is indeed involved in the sustainable Development. Various logos will be stuck on this bike. The bikes will be on display below the Eiffel tower.

### **Schedule**

#### **Référents**

The members of the national youth commission are at your disposal for any help and complementary information.

- **Alain Bucher** : [alain.g.bucher@wanadoo.fr](mailto:alain.g.bucher@wanadoo.fr)

- **Marie-Françoise Debsbrousses** : [mf.desbrousses@wanadoo.fr](mailto:mf.desbrousses@wanadoo.fr)

- **Pierre Bernard** : [pierre.bernard@sportsansfrontieres.org](mailto:pierre.bernard@sportsansfrontieres.org)

In order to favour the Franco Chinese exchanges and associate young to this great expedition, 23 youths will be Selected ( 1 per league) to ride the 1300 km last kilometers from X'ian until Beijin. They will stay in China from the 17th of July until the 15th of august 2008.

## Participation of 23 young riders X'ian-Beijing 2008

A trip to china for the young riders will be organized from the 14th of July until the 14th of August. 23 young will be selected (1 representative per region + 1 from the Reunion Island). They will cycle the last stages between X'ian and Beijing, followed by a cultural trip. The aims are :

1. **sportive** : riding 1000 km from X'ian untill Beijing
2. **touristy** : visiting emblematic places and knowing the Chinese culture
3. **cultural** : favouring the intercultural dialogue and Franco Chinese exchanges

### **The trip ?**

For the young riders, this one month trip is a unique opportunity and an exceptional experience. This franco Chinese exchange is part of the intercultural dialogue between the 2 countries, which was an objective of the French government in 2008

### **The project?**

Supported by the Ministry of Health, youth and sports, this project is a unique example for our federation, without forgetting the regular actions of the commission for the young (youth national week, national competition for road safety, cycle races, etc.) the 23 young riders will be the ambassadors of the 9000 young members of the FFCT

## China?

China is a huge country full of contrasts. With its overgrowth, its annual growth, its history, its 1,3 billion inhabitants and the 2008 Olympic games, this country fascinates

## Reception?

The reception will be warm, courteous, respectful and full of generosity. Don't forget little gift for your Chinese hosts, enjoy each moment and keep your eyes wide open, the immersion in China begins the 15<sup>th</sup> of July.

## the stages

• 1st stage	Xi'an - Weinan	80 km
• 2 <sup>nd</sup> stage	Weinan - Tong'Guan	80 km
• 3rd stage	Tong'Guan - Ruicheng	65 km
• 4th stage	Ruicheng - Sanmenxia	75 km
• 5th stage	Sanmenxia - Wangshan	90 km
• 6th stage	Wangshan - Jiyuan	135 km
time off in Jiyuan (7e jour)		
• 7th stage	Jiyuan - Xinxiang	130 km
• 8th stage	Xinxiang - Anyang	108 km
• 9th stage	Anyang - Xingtai	127 km
• 10th stage	Xingtai - Shijiazhuang	125 km
time off in Shijiazhuang (Olympic flame)		
following day : bus transfer until Huairou		
following day : meeting with the young Chinese riders		
• 1st stage	Huairou – the great wall	30 km (arrival)
final ride with the adults		

## The

## context

**Road** : the traffic roads are wide and busy. We will pass by the 1st mining region in China. Moreover, the length of the stages is calculated in relation with Paris- Beijing stages. It is impossible to cut it in another way due to the hotel organisation.

- **Cities** : the cities' entrances and exits will be difficult to work out. The cities are between 1 and 2 million inhabitants. Local guides will be helping out the young

**Climate** : In July the average temperature is 35 °. We will pass through the Loess region which is arid and not shadowed. Water supplying will be our first concern.

## the specific program

According to the pedagogic and intercultural program the following meetings will be organised:

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**In Xi'an** : 3 sights : Terra Cotta Army, the walls, the Great Pagoda. A meeting will be organised by "the local guide Mrs MAY LIE" with young from local primary schools (football games, table tennis + snacks and discussions)

**In Shijiazuang:** meetings during the passing of the Olympic flame  
**in Huairou :** meeting with young Chinese sportsmen for a hike around the lake

### **The cultural and touristy program**

A cultural program, from the 4th till the 14th of August. Meetings will be organised during the trip in order to favour the intercultural dialogue. Chinese interpreters will be there to help the exchanges.

### **The regulatory context**

### **Positioning**

This trip of minors is organised according to the respect of the ministry of health, Youth and sport regulation. The declaration of the trip will be given to the DDJS 94 2 months before the departure with a copy given to the international secretary of the MSJS.

### **Documents Required:**

Passport

Form allowing the young to leave the country

Vaccinations up to date

Doctor certificate done no more than 3 months before the departure

The federal licence

### **The visa**

The 1st of May 2008 all the passports will be sent to the federal headquarter with the visa form + 1 photograph. A collective visa will be done

### **Responsibility**

The young will be under the responsibility of the supervisory staff (the DTN + 4 people from the FFCT). The young will have to respect the safety instructions all trip long. They will be the ambassadors of France and will have to act responsibly and respectfully.

### **Conclusion**

This trip will answer sanitary, safety, logistic requirements. The FFCT has made sure that the travelling conditions (especially the bikes and the equipment provided by the AAEC, the Franco Chinese friendship association) answer these requirements and guarantee an unforgettable trip for the young riders.

### **List of the 23 participants**

<b>Ligue (ES)</b>	<b>Nom-Prénom</b>	<b>Club</b>	<b>école cyclo solidaire</b>
Alsace	1- Guth Nicolas	Soultz	ES
Aquitaine	2- M Laurie Benjamin	Sarlat	ES
Auvergne	3- Joubert Damien	Coubon	ES

Bourgogne	4- Fleurot Pierre	Dijon	ES
Bretagne	5- Le Saux Loïc	Montauban	ES
Champagne Ardennes	6- Ferrin Jérémy	Troyes	
Côte d'Azur	7- Ivchenko Nicolas	Rocbaron	ES
Franche Comté	8- Colin Alexandre	Vesoul	ES
Ile de France	9- Richard Joris	CC Vexin	
Languedoc Roussillon	10- Bacquet Mathias	Fabrègues	ES
Limousin	11- Gaumy Christophe	C R Brivistes	
Lorraine	12- Balson Paul	Toul	ES
Nord Pas de Calais	13- Boulas Guillaume	Liévin	ES
Basse Normandie	14- Vaudry Thibault	Cylos St Lois	
Haute Normandie	15- Aubry Céléna	Arkéma	ES
Orléanais	16- Miclon Morgane	Orchaise	ES
Pays de la Loire	17- Hemery Jacques	Couéron	ES
Picardie	18- Bonnerot Jérémy	Cyclos Verneuil	
Poitou-Charente	19- Bodin Baptiste	Randonneurs Rochelais	ES
Provence-Alpes	20- Constant Hugo	Pernes les Fontaines	ES
Pyrénées	21- Barreau Camille	Vernajoul	ES
Rhône Alpes	22- Chauve Fabien	St Bonnet le château	ES
La Réunion	23- Boyer David	Ass Cyclo Courbon	